

Backwoods Cook



Complete the following:

1. Explain the principles of “Fire Tetrahedron” .
2. Know how to choose appropriate natural material as fuel.
3. Demonstrate how to use potentially dangerous gear properly.
4. Demonstrate how to build the wood frame properly.
5. Use natural materials to light a wood fire with no more than 10 matches and within 20 minutes.
6. Use the wood fire to cook four of the following foods without using any cooking utensil:
 - a) potato-egg or onion-egg;
 - b) dough;
 - c) chicken meat;
 - d) fish;
 - e) rice;
 - f) water;
 - g) cake;
 - h) any other foods of the same level
7. Know the safety rules when building a wild fire.