

Backwoods Cook



Complete the following:

1. Explain the "fire tetrahedron" theory.
2. Understand how to choose the appropriate natural materials as fuels.
3. Demonstrate how to use dangerous tools safely.
4. Demonstrate how to build a firewood properly.
5. Understand how to use natural materials and not more than ten matches to build a fire in twenty minutes.
6. Cook any four kinds of food from the following with backwood cooking method (without the use of any cooking utensils):
 - (a) eggs with potato or onion;
 - (b) flour dough;
 - (c) chicken;
 - (d) fish;
 - (e) rice;
 - (f) water;
 - (g) cake;
 - (h) other similar kinds of food.
7. Know the safety rules of building a fire outdoors.



Completion of this Badge, including a total of six months or above in lecture or practicum, would be counted as an equivalent of relevant item under Skills Section of the Hong Kong Award for Young People Bronze Award.