

# Horseman



Complete the following:

1. Have a basic understanding of how horses behave in the wild and when ridden.
2. Familiar with the safety gears and equipment to wear when riding or handling horses.
3. Know how to lead a horse safely.
4. Know how to mount a horse safely from a mounting block.
5. Adjust stirrup leathers to an appropriate length and check that the girth-strap is safely tightened.
6. Demonstrate riding a horse at the walk – halt to walk, walk to halt, left/right turn.
7. Demonstrate riding a horse at the sitting trot – walk to trot, trot to walk, left/right turn.
8. Demonstrate riding a horse at the rising trot – walk to trot, trot to walk, left/right turn.
9. Know the names and functions of commonly used horse tack – saddle, girth-strap, bridle, bit, neck-strap, stirrups and stirrup leathers.
10. Know the basic ‘road rules’ in a riding school.
11. Name six body parts of a horse.
12. Demonstrate simple grooming for a horse using a body brush.



Completion of this Badge, with a continuous participation of not less than twelve weeks (inclusive of a minimum of two hours every two weeks), implying a total of not less than twelve hours, would be counted as an equivalent of the relevant item under the Physical Recreation Section of the Hong Kong Award for Young People Bronze Award.