Master-at-arms



Complete the following:

- Have attained skills in any one of the following activities: Swords, cudgel play, fencing, boxing, judo, wrestling or any kinds of martial arts.
- Have received regular training for the chosen activity for at least three 2. months.
- 3. Demonstrate the proper methods to attack and defend.



Completion of this Badge, with a continuous participation of not less than twelve weeks (inclusive of a minimum of two hours every two weeks), implying a total of not less than twelve hours, would be counted as an equivalent of the relevant item under the Physical Recreation Section of the Hong Kong Award for Young People Bronze Award.

I have over and over again explained that the purpose of the Boy Scout and Girl Guide Movement is to build men and women as citizens endowed with the three H's namely, Health, Happiness and Helpfulness. The man or woman who succeeds in developing these three attributes has secured the main steps to success this Life. 我再次強調,男女童軍活動都是培養與生俱來的健康、快樂和樂於助人的心,男或女童軍成功在這

三項發展,就是邁向成功的重要一步。